

Join us every 1st Tuesday from 11 a.m. to 12 noon for a

Mommy Meet-Up!

at 1046 Brown Street, Dayton OH 45409

Starting in February 2023, Catholic Social Services will host a monthly support and learning group on the 1st Tuesday of each month for teen moms and moms who are pregnant or have an infant.

Each month's Meet-Up will include...

- Parenting topics such as:
 - » How to cope with babies that cry a lot
 - » How to develop your parenting style
 - » What has worked well for other parents
- Community resource connections
- Light snacks
- A special gift at each session
 - » *Receive a \$10 Kroger card the first week*

Please sign up to save your seat by calling 937.299.LINK (5465).

A limited number of childcare slots will be provided on-site for toddlers and preschoolers over 12 months. Infants under 12 months are welcome to stay with their mothers during the Meet-Up.



Dayton & Montgomery County
Maternal & Infant Vitality Task Force



www.cssmv.org